

さんじゅう
かみかみ30

泉南支援学校保健室

作詞・作曲：羽木 真梨子

♩ = 96 ca.

The musical score is written for voice and piano. It consists of four systems of staves. The first system shows the vocal line and piano accompaniment for the first four measures. The second system starts at measure 6 and includes Japanese lyrics. The third system starts at measure 10 and also includes lyrics. The fourth system starts at measure 14 and concludes the piece. The piano part features a steady bass line and chords in the right hand, with some triplet figures. The vocal line is simple and rhythmic, matching the 3/4 time signature.

Vocal

Piano

Vo.

Pno.

Vo.

Pno.

Vo.

Pno.

Lyrics:
1. さあかむぞ
2. よくかむと
さんじっかい おかずをポン ごはんをポン かみかみかみ
おいしいよ たべすぎも ふせげるよ もぐもぐもぐ
よくかんで いいこといっ ぽいさ あとすこし
よくかんで たのしくたべ ましょう もうすこし
そろそろだ
そろそろだ

※音楽がきこえたら、食べ物を口にいれましょう。歌の部分は30カウントです。